

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 860-763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

Mark Twain Congregate Living Weekend & Holiday Meal Program Menu September 2020



September 5

Tomato Garden Soup
Turkey Caesar Sandwich
Apple Slaw
Potato Wedges
Multigrain Bread
Sliced Pears

September 6

Strawberry Spinach Salad
Swiss Steak
Bowtie Noodles
Zucchini & Tomatoes
Whole Wheat Bread
Lemon Lush

September 19

Romaine Salad with
Dressing
Chicken Squisito
(Italian Style Chicken)
Brown & White Herb Rice
Peas & Carrots
Whole Wheat Bread
Sliced Peaches

September 20

Pot Roast w/Onion Gravy
Baked Potatoes
Broccoli Medley
Dinner Roll
Fresh Strawberry
Shortcake with Topping
Apple Juice

Labor Day**September 7**

Marinated Cucumber
Tomato & Onion Salad
Marinated Beef Kabobs
Over Herb Rice
Mixed Vegetables
Rye Bread
Ice Cream Sandwich

September 26

Hamburger Soup
Vegetable Lasagna
Garden Salad with
Dressing
Italian Bread/Crackers
Fresh Fruit

September 27

Scrambled Eggs
French Toast Casserole
with Syrup
Bacon/Sausage
Fruited Muffin
Fruit Cup with Bananas
and Berries
OJ

September 12

Kale Lentil Soup
Salad Platter
(Cold Sliced Ham, 3 Bean
Salad & Potato Salad)
Marble Rye Bread
Sliced Cantaloupe and
Oatmeal Cookie

September 13

Rosemary Roast Pork
Loin with Broth
Steamed Red Potato
Baby Carrots
12 Grain Bread
Angel Food Cake with
Sliced Peaches
OJ

*All meals are served with 8 ounces of milk and 1 tsp. margarine